

**CHERRY CREEK PSYCHOTHERAPY, LLC
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GROUP THERAPY ETHICS

- MEMBERS WHO NO-SHOW/NO-CALL ARE SUBJECT TO TERMINATION.
- EACH MEMBER MUST HAVE AN INDIVIDUAL THERAPIST, THE FREQUENCY OF WHICH MUST BE AT LEAST ONCE/MONTH.
- MEMBERS ARE NOT TO COME TO GROUP THERAPY UNDER THE INFLUENCE OF DRUGS OR ALCOHOL. YOU MAY BE DRUG-TESTED IF THIS IS SUSPECTED. ONE VIOLATION WILL RESULT IN LEAVING THAT GROUP. TWO VIOLATIONS WILL RESULT IN TERMINATION.
- NO CROSS-TALK OR DISTRACTING FROM SKILLS-TRAINING OR MEMBER CHECK-INS.
- MEMBERS ARE NOT TO DISCUSS SUICIDAL/PARA-SUICIDAL CONTENT WITH OTHER MEMBERS **OUTSIDE** OF GROUP THERAPY SESSIONS. THIS CONTENT IS FOR GROUP THERAPY TIME ONLY.
- IF A GROUP MEMBER LEARNS THAT A GROUP PEER IS SUICIDAL/IN DANGER, THAT MEMBER IS REQUIRED TO CONTACT A MENTAL HEALTH PROFESSIONAL, PREFERABLY A GROUP THERAPIST.
- IF YOU CONTACT A GROUP PEER WHEN FEELING SUICIDAL OR IN DANGER, YOU MUST BE WILLING TO ACCEPT HELP (NO HELPLESSNESS) – THE PERSON CONTACTED MUST NOTIFY A GROUP THERAPIST IMMEDIATELY.
- GROUP THERAPY IS **CONFIDENTIAL** ~ WHO YOU SEE IN GROUP, WHAT IS SAID IN GROUP, STAYS IN GROUP! IF YOU VIOLATE CONFIDENTIALITY IN ANY WAY, IT WILL RESULT IN *IMMEDIATE* TERMINATION FROM GROUP.
- IF YOU'RE GOING TO BE LATE YOU MUST TEXT/CALL ONE OF THE GROUP THERAPISTS, NOT A GROUP PEER.
- GROUP MEMBERS MAY NOT TRIGGER GROUP PEERS IN ANY WAY, IN OR OUT OF GROUP. EXAMPLES ARE RISKY, IMPULSIVE, DANGEROUS, SELF-HARMING/SELF-SABOTAGING TALK. NO ROMANTICIZING THE USE OF ALCOHOL OR DRUGS. NO GRAPHIC/DRAMATIC DESCRIPTIONS.
- EXCESSIVE OR DISRESPECTFUL USE OF CELL PHONES DURING GROUP IS DISCOURAGED. MEMBERS WHO REPEATEDLY AND/OR OBSESSIVELY USE THEIR PHONES DURING GROUP WILL BE ASKED TO LEAVE AND MAY BE SUBJECT TO TERMINATION.
- ROMANTIC, INTIMATE OR SEXUAL INTERACTIONS BETWEEN GROUP MEMBERS ARE STRICTLY PROHIBITED. YOU ARE REQUIRED TO NOTIFY A GROUP THERAPIST IMMEDIATELY IF YOU ARE MOVING BEYOND A GROUP PEER RELATIONSHIP. IF THE GROUP THERAPISTS ARE MADE AWARE OF THIS EARLY, WE WILL MOVE ONE OF THE GROUP MEMBERS INVOLVED ~ NO TERMINATION WILL BE IMPLEMENTED.

SIGNATURE

DATE